

Lesson #1 The New Breed Introduction

Materials Needed:

- New Breed book
- basic drum kit (System #1 / HH & BD)
- drum sticks
- metronome

Course of action:

- read Gary's Concepts & Tips, The New Breed p.4 - 9
- begin with System #1

1) System #1 QN=60

Focus on:

- time: subdividing 16ths
- feel: relaxed groove
- reading: accurately with ease
- alignment: BD rhythms align with HH

Play RH & LH in unison (not alternating) on closed HH.
Play gentle, even 16th notes with both hands at same time.

RRRR RRRR RRRR RRRR RRRR RRRR RRRR RRRR
LLLL LLLL LLLL LLLL LLLL LLLL LLLL LLLL

①
L.H.+R.H./H.H.
R.F./B.D./Melody



2)

Add Melody (p. 16 & 17) with RF/BD

The image displays ten staves of musical notation, likely for guitar. The notation is written in a standard staff format with a treble clef and a 3/4 time signature. The music consists of a series of rhythmic patterns and melodic lines. The first staff begins with a quarter rest, followed by a sequence of eighth and sixteenth notes. The second staff continues with similar rhythmic patterns, including some beamed sixteenth notes. The third staff shows a mix of quarter and eighth notes. The fourth staff features a more complex rhythmic structure with eighth and sixteenth notes. The fifth staff continues with a steady flow of eighth notes. The sixth staff introduces some longer note values, possibly quarter notes, interspersed with eighth notes. The seventh staff shows a pattern of eighth notes with some rests. The eighth staff continues with eighth notes and some beaming. The ninth staff features a mix of eighth and sixteenth notes. The tenth staff concludes with a series of eighth notes and a final quarter note.

3) Add Singing

Sing rhythmically aloud. Like counting without saying numbers. Sing 'ah, ah, ah, ah' rather than 1, 2, 3, 4.

- First sing QN's (click).
- Play again, sing the Melody (bass drum part).
- Repeat singing while playing system many times.

For more details on 'Singing', see pages 6 & 7 in The New Breed

When this system is played with:

- solid time, even 16th note subdivisions
- comfortable feel
- accurate reading
- alignment of BD/HH/Click

You are ready to proceed to System #2.